WHAT IS CLAIMED IS:

- 1. A photonic device having an intermittent absorption profile along a waveguide, wherein the absorption profile is divided into low-absorption and high-absorption segments that are distributed axially along the waveguide in order to decrease a maximum local temperature in the device.
- 2. The device of claim 1, wherein the low-absorption segments' lengths vary along the element.
- The device of claim 1, wherein the low-absorption segments number from 1 to 10.
 - 4. The device of claim 1, wherein the high-absorption segments' lengths vary along the element.

The device of claim 1 subs

- 5. The device of claim 1, wherein a low-absorption segment is located at an input of the device and is followed by at least one high-absorption segment.
- 6. The device of claim 1, wherein a low-absorption segment is located at an output of the device and is preceded by at least one high-absorption segment.
 - 7. The device of claim 1, further comprising one or more metal electrodes on a ridge cladding layer on the waveguide, wherein the electrodes cover an entire length of the element.

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- 8. The device of claim 7, wherein the absorption segments include one or more high-absorption segments and one or more low-absorption segments, and separate ones of the metal electrodes contact the high-absorption and low-absorption segments.
- 30 9. The device of claim 8, wherein voltages applied to the electrodes are adjusted to produce the high-absorption segments and low-absorption segments of the device.

- 10. The device of claim 9, wherein separate ones of the electrodes are used as elements of a dual stage electro-absorption modulator.
- 11. The device of claim 1, wherein the waveguide is comprised of a bulk material and the Franz-Keldysh effect is used to change the material's absorption coefficient or index of refraction with an applied electrical field.
 - 12. The device of claim 1, wherein the waveguide contains quantum well material and the Quantum-Confined-Stark effect is used to change the material's absorption coefficient or index of refraction with an applied electrical field.

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- 13. The device of claim 1, wherein the absorption segments include one or more low-absorption segments that are defined by proton implantation of a ridge cladding layer.
- 15 14. The device of claim 13, wherein the absorption segments include one or more high-absorption segments that are defined by a lack of proton implantation in the ridge cladding layer.
- 15. The device of claim 1, wherein the waveguide is a quantum well waveguide,
 20 the absorption segments include one or more high-absorption segments and one or more low-absorption segments, and the high-absorption segments and low-absorption segments are defined by selective-area disordering of the quantum well waveguide.
 - 16. The device of claim 1, wherein the device is an electro-absorption modulator.
 - 17. The device of claim 1, wherein the device is part of a multi-stage modulator.
 - 18. The device of claim 1, wherein the device is part of a Mach-Zender interferometer.
 - 19. The device of claim 1, wherein the device is a photodetector.

- 20. The device of claim 1, wherein the device is monolithically integrated with a semiconductor laser diode.
- 5 21. The device of claim 20, wherein the semiconductor laser diode is a wavelength-tunable semiconductor laser diode.

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- 22. The device of claim 20, wherein the device is monolithically integrated with other optical elements selected from a group comprising semiconductor optical amplifiers, mode size converters, and photodetectors.
 - 23. A method of fabricating a photonic device, comprising:
 creating a plurality of different absorption segments that are distributed axially along
 a waveguide of the device in order to decrease a maximum local temperature in the device,
 wherein a photo-induced current generates heat in the device, and the absorption segments
 decrease the heat.
 - 24. The method of claim 23, wherein the low-absorption segments' lengths vary along the device.
- 25. The method of claim 23, wherein the low-absorption segments number from 1 to 10.
- 26. The method of claim 23, wherein the high-absorption segments' lengths vary along the device.
 - 27. The method of claim 23, wherein a low-absorption segment is located at an input of the device and is followed by at least one high-absorption segment.
- 30 28. The method of claim 23, wherein a low-absorption segment is located at an output of the device and is preceded by at least one high-absorption segment.

29. The method of claim 23, further comprising creating one or more metal electrodes on a ridge cladding layer on the waveguide, wherein the electrodes cover the entire length of the device.

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- 30. The method of claim 29, wherein the absorption segments include one or more high-absorption segments and one or more low-absorption segments, and separate ones of the metal electrodes contact the high-absorption and low-absorption segments.
- 10 31. The method of claim 30, wherein voltages applied to the electrodes are adjusted to produce the high-absorption segments and low-absorption segments of the device.
 - 32. The method of claim 31, wherein separate ones of the electrodes are used as elements of a dual stage electro-absorption modulator.
 - 33. The method of claim 23, wherein the waveguide is comprised of a bulk material and the Franz-Keldysh effect is used to change the material's absorption coefficient or index of refraction with an applied electrical field.
- 20 34. The method of claim 23, wherein the waveguide contains quantum well material and the Quantum-Confined-Stark effect is used to change the material's absorption coefficient or index of refraction with an applied electrical field.
- The method of claim 23, wherein the absorption segments include one or more low-absorption segments that are defined by proton implantation of a ridge cladding layer.
 - 36. The method of claim 35, wherein the absorption segments include one or more high-absorption segments that are defined by a lack of proton implantation in the ridge cladding layer.

- 37. The method of claim 23, wherein the waveguide is a quantum well waveguide, the absorption segments include one or more high-absorption segments and one or more low-absorption segments, and the high-absorption segments and low-absorption segments are defined by selective-area disordering of the quantum well waveguide.
- 38. The method of claim 23, wherein the device is an electro-absorption modulator.

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- 39. The method of claim 23, wherein the device is part of a multi-stage modulator.
 - 40. The method of claim 23, wherein the device is part of a Mach-Zender interferometer.
- 15 41. The method of claim 23, wherein the device is a photodetector.
 - 42. The method of claim 23, wherein the device is monolithically integrated with a semiconductor laser diode.
- 20 43. The method of claim 42, wherein the semiconductor laser diode is a wavelength-tunable semiconductor laser diode.
 - 44. The method of claim 42, wherein the device is monolithically integrated with other optical elements selected from a group comprising semiconductor optical amplifiers, mode size converters, and photodetectors.